

Competition Calendar
Lifesaving Cape Town District 2018 & 2019

DATE	EVENT	VENUE/TIME	SCHOOL HOLIDAYS	CTM & National Aquatic Events	EVENTS OF INTEREST
October 2018					
Sat 6			29 Sep to		
Sun 7			8 October		
Sat 13					
Sun 14					
Sat 20	Snr & Jnr - Fun Comp – Atlantic VS the Bay	Llandudno		CTMA LEVEL 1 GALA	
Sun 21					
Sat 27	Stillwater Pool Competition 1			CTMA QUALIFYING GALA 2	
Sun 28				CTMA QUALIFYING GALA 2	
November 2018					
Sat 3	Beach Officials Refresher Voluntary Beach Duties Start				
Sun 4					
Sat 10				CTMA LEVEL 3 & UP	
Sun 11					
Sat 17	Rescue Classic	Llandudno		CTMA LEVEL 1 & 2 GALA	
Sun 18					
Sat 24					
Sun 25	Nipper Surf Competition 1	Hout Bay			
December 2018					
Sat 1					
Sun 2					
Sat 8	Stillwater Pool Competition 2			WC Summer Champs	
Sun 9				7 – 11 December	
Sat 15	Cape Point Challenge		13 Dec		
Sun 16					Day of Reconciliation
Sat 22					
Sun 23					
Wed 25					Christmas Day
Thurs 26					Day of Goodwill
Sat 29					
Sun 30					
January 2019					
Tues 1					New Year's Day
Sat 5					
Sun 6			9 January		
Sat 12					
Sun 13					
Sat 19	Senior/Junior Surf Competition 1	Clifton		CTMA LEVEL 2 & UP GALA	
Sun 20					
Sat 26	Stillwater Pool Champs			QUALIFYING GALA 3	J & B Met Horse Racing (TBC)
	Plett Surf Carnival	Plett			
	Plett Surf Carnival	Plett			
Sun 27	Nipper Surf Competition 2	Strand		QUALIFYING GALA 3	
February 2019					
Sat 2	Cape Champs – Snr & Jnr	Mossel Bay - TBC		CTMA LEVEL 1 GALA	
Sun 3					
Sat 9	Senior/Junior Surf Competition 2	Milnerton			
Sun 10					
Sat 16				CTMA LEVEL 2 & 3 CHAMPS	
Sun 17	Nipper Surf Competition 3	Milnerton		CTMA LEVEL 2 & 3 CHAMPS	Sunlam Cape Mile
Sat 23	LWC Senior/Junior Surf Champs	Strand			Xterra Grabouw
Sun 24	LWC Senior/Junior Surf Champs	Strand		CTMA LEVEL 1 GALA	Xterra Grabouw
March 2019					
Sat 2	LWC Nipper Champs	Clifton		Open Water Champs	
Sun 3	LWC Nipper Champs	Clifton		2 & 3th March	
Sat 9	8 Man Classic	Llandudno			
Sun 10					10 th March CT Cycle Tour
Sat 16	Rest Weekend		16 March	L1 CHAMPS 16 -17 March	
Sun 17	Rest Weekend				
Mon 18					
Tues 19					
Wed 20				20-24 Junior Age Groups - Drb	
Thurs 21			Pub Holiday	SA Masters Swimming - PE	Human Rights Day – SA Master S
Fri 22				SA Masters Swimming - PE	SA Masters Swimming - PE
Sat 23		PE		SA Masters Swimming - PE	SA Masters Swimming - PE
Sun 24	SA Masters Surf - Long Distance Events				
Mon 25	SA Nippers Surf – SA Masters Pool am - SA Snr Pool pm	Kings Beach &			
Tues 26	SA Nippers Surf – SA Snr Pool				
Wed 27	SA Nippers Surf – SA Snr Pool	Newton Park			
Thur 28	SA Snr Surf – SA Nipper Pool			28 – 31 SA L3 Age Groups	
Fri 29	SA Snr Surf – SA Nipper Pool	“Dates TBC”			
Sat 30	SA Snr Surf				
Sun 31					
April 2019					
Mon 1			1 April		
Tue 2				3-4 SA L2 Age Groups	
Sat 6					
Sun 7				SA Aquatic Nationals	
Sat 13	Surf Inter Provincials (TBC)	Clifton		8– 11 April	
Sun 14					
Sat 20					Two Oceans Marathon
Sun 21					Easter Sunday
Sat 27	Pool Inter Provincials - Hillcrest Pool, Pretoria	Pretoria			Freedom Day
Sun 28					
May 2018					
Wed 1					Workers Day
Sat 4					
Sun 5					